

# FREE EDUCATIONAL SITES

## **SCHOLASTIC LEARN AT HOME**

Google "Scholastic Learn at Home" for quick access

## **PBS LEARNING MEDIA**

[nj.pbslearningmedia.org](http://nj.pbslearningmedia.org)

## **NAT GEO 4 KIDS**

[kids.nationalgeographic.com](http://kids.nationalgeographic.com)

## **ABCYA**

[abcya.com](http://abcya.com)

## **FUN BRAIN**

[funbrain.com](http://funbrain.com)

## **STARFALL**

[starfall.com](http://starfall.com)

## **HIGHLIGHTS KIDS**

[highlightskids.com](http://highlightskids.com)

## **STORYLINE ONLINE**

[storylineonline.net](http://storylineonline.net)

## **ABC MOUSE**

[abcmouse.com](http://abcmouse.com)

## **WONDEROPOLIS**

[wonderopolis.org](http://wonderopolis.org)

## **LEARNING A-Z**

[learninga-z.com](http://learninga-z.com)

## **BRAINPOP**

[brainpop.com](http://brainpop.com)

## **VOOKS**

[vooks.com/teacher-appreciation](http://vooks.com/teacher-appreciation)

## **PHONICS HERO**

[phonicshero.com](http://phonicshero.com)

## **DREAMSCAPE**

[squigglepark.com/dreamscape](http://squigglepark.com/dreamscape)

## **SWITCHEROO ZOO**

[switcheroozoo.com](http://switcheroozoo.com)

## **BOOM LEARNING**

[wow.boomlearning.com](http://wow.boomlearning.com)

## **KIDS DISCOVER**

[online.kidsdiscover.com](http://online.kidsdiscover.com)

## **TIME FOR KIDS**

[timeforkids.com](http://timeforkids.com)

## **GONOODLE**

[gonoodle.com](http://gonoodle.com)

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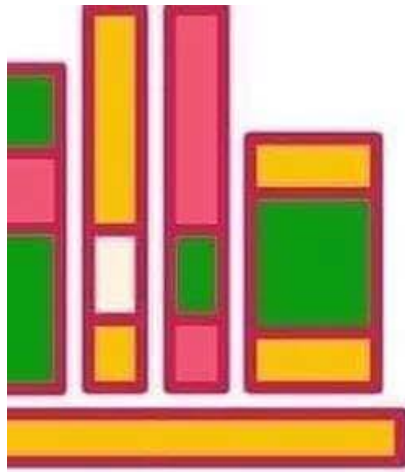
# At-Home Daily Schedule

## Grades Kindergarten – 3<sup>rd</sup> Grade

Time	Activity
8:45-9:45	Morning Wake Up Routine (wake up, dress, wash face, breakfast, etc.)
9:45-10:00	Silent Reading & Picture Book Time
<b>10:00-10:15</b>	<b>Brain Break &amp; Snack</b>
10:15-10:45	Work on School Assignments
<b>10:45-11:00</b>	<b>Brain Break</b>
11:00-11:30	Work on School Assignments
11:30-12:00	Creative Play – LEGOS, blocks, PlayDoh, WikiSticks, Coloring/Paint Sticks
<b>12:00-12:45</b>	<b>Lunch</b>
<b>12:45-1:15</b>	<b>Brain Break</b>
1:15-1:30	Handwriting Practice
<b>1:30-1:45</b>	<b>Outside Exercise/Walk Around the Block with the family</b>
1:45-2:00	Finish up any School Assignments/Read a book
2:45-3:15	Chores – Help pick up house, play room, bedroom, etc.
<b>3:15-4:15</b>	<b>T.A.P. time (Time Alone to Play) – Free time to play with whatever you want by <u>yourself</u></b>
5:15-5:45	Practice Time! (Find your "focus" spot! Shoot hoops, Piano practice, Guitar practice, gymnastic practice, etc.)
<b>5:45-7:45</b>	<b>Family Time – Dinner, Television/Tablet time, etc.</b>
7:45-8:15	Bedtime Routine (shower/bath, brush teeth, etc.)
8:15-8:30	Bedtime book/prayers

# 30 At-Home Brain Breaks

5 min break	15 minute break	30 minute break
GoNoodle Videos on YouTube	Sidewalk Chalk	Play outside
Jump rope	Watercolor painting	Bake a special sweet treat (with an adult)
Play-Doh sculptures	Play outside	Play with your favorite toys
Color a picture	Ride a bike	Make a fort out of sheets and pillows
Dance Party to your favorite song	Play hide and seek with your sibling	Play a card game (Go Fish!, Old Maid, etc.)
Sing your favorite song and make up silly dance moves	Build a LEGO sculpture	Play a board game with your sibling(s) or parent(s)
Kid's Yoga YouTube video	Read your favorite book	Create and complete a nature scavenger hunt
Do 5 different exercises for 1 minute each	Fly a kite outside	Make a craft from recycled & upcycled materials
Build a paper airplane and fly it down the hall or outside	Take pictures of nature in your front and back yard	Make an obstacle course with simple toys and complete it
Look at your favorite picture book	Take turns telling silly jokes with your sibling(s) or parent(s)	Play dress up



## 10 FREE LEARNING WEBSITES

# for kids

Here's a list of some fun, educational, and safe websites for your children to visit and explore!

### Switcheroo Zoo

[www.switcheroozoo.com](http://www.switcheroozoo.com)

Watch, listen, and play games to learn all about amazing animals!

### Nat Geo for Kids

[www.kids.nationalgeographic.com](http://www.kids.nationalgeographic.com)

Learn all about geography and fascinating animals!

### Into the Book

[www.reading.ecb.org](http://www.reading.ecb.org)

Go "into the book" to play games that practice reading strategies!

### Suessville

[www.seussville.com](http://www.seussville.com)

Read, play games, and hang out with Dr. Seuss and his friends!

### ABC YA

[www.abcy.com](http://www.abcy.com)

Practice math and reading skills all while playing fun games!

### Fun Brain

[www.funbrain.com](http://www.funbrain.com)

Play games while practicing math and reading skills!

### PBS Kids

[www.pbs.org](http://www.pbs.org)

Hang out with your favorite characters all while learning!

### Star Fall

[www.starfall.com](http://www.starfall.com)

Practice your phonics skills with these read-along stories!

### Storyline Online

[www.storylineonline.net](http://www.storylineonline.net)

Have some of your favorite stories read to you by movie stars!

### Highlights Kids

[www.highlightskids.com](http://www.highlightskids.com)

Read, play games, and conduct cool science experiments!

## Other Free Resources

[https://docs.google.com/document/d/1oCM2Ue9w32EUIGfRXsjwEXU -  
Up8D6FSSWT8YGiBEtE/mobilebasic](https://docs.google.com/document/d/1oCM2Ue9w32EUIGfRXsjwEXU-Up8D6FSSWT8YGiBEtE/mobilebasic)

[https://docs.google.com/spreadsheets/d/1KCFnWreu4v7VoO3NbgP-  
Qcq2LyE1FvliYSoiTLRY7Qg/htmlview?usp=sharing&sle=true](https://docs.google.com/spreadsheets/d/1KCFnWreu4v7VoO3NbgP-Qcq2LyE1FvliYSoiTLRY7Qg/htmlview?usp=sharing&sle=true)

<https://kidsactivitiesblog.com/135609/list-of-education-companies-offering-free-subscriptions/>