

FREE EDUCATIONAL SITES

SCHOLASTIC LEARN AT HOME

Google "Scholastic Learn at Home" for quick access

PBS LEARNING MEDIA

nj.pbslearningmedia.org

NAT GEO 4 KIDS

kids.nationalgeographic.com

ABCYA

abcya.com

FUN BRAIN

funbrain.com

STARFALL

starfall.com

HIGHLIGHTS KIDS

highlightskids.com

STORYLINE ONLINE

storylineonline.net

ABC MOUSE

abcmouse.com

WONDEROPOLIS

wonderopolis.org

LEARNING A-Z

learninga-z.com

BRAINPOP

brainpop.com

VOOKS

vooks.com/teacher-appreciation

PHONICS HERO

phonicshero.com

DREAMSCAPE

squigglepark.com/dreamscape

SWITCHEROO ZOO

switcheroozoo.com

BOOM LEARNING

wow.boomlearning.com

KIDS DISCOVER

online.kidsdiscover.com

TIME FOR KIDS

timeforkids.com

GONOODLE

gonoodle.com

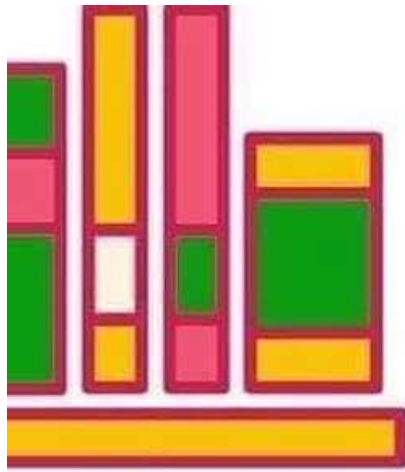
At-Home Daily Schedule

Grades Kindergarten – 3rd Grade

Time	Activity
8:45-9:45	Morning Wake Up Routine (wake up, dress, wash face, breakfast, etc.)
9:45-10:00	Silent Reading & Picture Book Time
10:00-10:15	Brain Break & Snack
10:15-10:45	Work on School Assignments
10:45-11:00	Brain Break
11:00-11:30	Work on School Assignments
11:30-12:00	Creative Play – LEGOS, blocks, PlayDoh, WikiSticks, Coloring/Paint Sticks
12:00-12:45	Lunch
12:45-1:15	Brain Break
1:15-1:30	Handwriting Practice
1:30-1:45	Outside Exercise/Walk Around the Block with the family
1:45-2:00	Finish up any School Assignments/Read a book
2:45-3:15	Chores – Help pick up house, play room, bedroom, etc.
3:15-4:15	T.A.P. time (Time Alone to Play) – Free time to play with whatever you want by <u>yourself</u>
5:15-5:45	Practice Time! (Find your "focus" spot! Shoot hoops, Piano practice, Guitar practice, gymnastic practice, etc.)
5:45-7:45	Family Time – Dinner, Television/Tablet time, etc.
7:45-8:15	Bedtime Routine (shower/bath, brush teeth, etc.)
8:15-8:30	Bedtime book/prayers

30 At-Home Brain Breaks

5 min break	15 minute break	30 minute break
GoNoodle Videos on YouTube	Sidewalk Chalk	Play outside
Jump rope	Watercolor painting	Bake a special sweet treat (with an adult)
Play-Doh sculptures	Play outside	Play with your favorite toys
Color a picture	Ride a bike	Make a fort out of sheets and pillows
Dance Party to your favorite song	Play hide and seek with your sibling	Play a card game (Go Fish!, Old Maid, etc.)
Sing your favorite song and make up silly dance moves	Build a LEGO sculpture	Play a board game with your sibling(s) or parent(s)
Kid's Yoga YouTube video	Read your favorite book	Create and complete a nature scavenger hunt
Do 5 different exercises for 1 minute each	Fly a kite outside	Make a craft from recycled & upcycled materials
Build a paper airplane and fly it down the hall or outside	Take pictures of nature in your front and back yard	Make an obstacle course with simple toys and complete it
Look at your favorite picture book	Take turns telling silly jokes with your sibling(s) or parent(s)	Play dress up



10 FREE LEARNING WEBSITES

for kids

Here's a list of some fun, educational, and safe websites for your children to visit and explore!

Switcheroo Zoo

www.switcheroozoo.com

Watch, listen, and play games to learn all about amazing animals!

Nat Geo for Kids

www.kids.nationalgeographic.com

Learn all about geography and fascinating animals!

Into the Book

www.reading.ecb.org

Go "into the book" to play games that practice reading strategies!

Suessville

www.seussville.com

Read, play games, and hang out with Dr. Seuss and his friends!

ABC YA

www.abcy.com

Practice math and reading skills all while playing fun games!

Fun Brain

www.funbrain.com

Play games while practicing math and reading skills!

PBS Kids

www.pbs.org

Hang out with your favorite characters all while learning!

Star Fall

www.starfall.com

Practice your phonics skills with these read-along stories!

Storyline Online

www.storylineonline.net

Have some of your favorite stories read to you by movie stars!

Highlights Kids

www.highlightskids.com

Read, play games, and conduct cool science experiments!